

September 2025

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 CONDITIONING 3:45PM-6PM	3	4 CONDITIONING 3:45PM-6PM	5	6	7
8 PRACTICE 4:00PM-6PM	9 PRACTICE 4:00PM-6PM	10 PRACTICE 4:00PM-6PM	11 PRACTICE 4:00PM-6PM	12 PRACTICE 4:00PM-6PM	13	14
15 PRACTICE 4:00PM-6PM	16 PRACTICE 4:00PM-6PM	17 PRACTICE 4:00PM-6PM	18 PRACTICE 4:00PM-6PM	19 PRACTICE 4:00PM-6PM	20	21
22 PRACTICE 4:00PM-6PM	23 PRACTICE 4:00PM-6PM	24 PRACTICE 4:00PM-6PM	25 PRACTICE 4:00PM-6PM	26 PRACTICE 4:00PM-6PM	27 GAME VS. LITHONIA 4:00PM ADAMS STADIUM.	28
29 PRACTICE 4:00PM-6PM	30 GAME VS. CROSS KEYS/CLARKSTON 6PM ADAMS STADIUM					

VIKING PRIDE BEGINS WITH ME!

LAKESIDE VARSITY FLAG FOOTBALL